

MOOYAH Burgers, Fries & Shakes | Nutritional and Allergen Information | October 2017

(1) Processed on same line  
 (2) Present in same plant  
 (3) Soybean oil  
 (4) Fried in oil that fries products containing gluten

Serving Size	Calories (kcal)	Calories from Fat	Total Fat (g)	Total Fat (NDV)	Saturated Fat (g)	Saturated Fat (NDV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (NDV)	Sodium (mg)	Sodium (NDV)	Carbohydrate (g)	Total Sugar (g)	Fiber (g)	Fiber (NDV)	Protein (g)	Calcium (NDV)	Iron (NDV)	Vitamin A (NDV)	Vitamin C (NDV)	PEANUT	TREENUT	FISH	SHELLFISH	WHEAT	SOY	EGG	MILK	ING CONTAINING GLUTEN OR POTENTIAL FOR CROSS CONTAMINATION?		
<b>FAVORITE BUILDS</b>																															
Favorite - Mooyah Burger	610	350	38	58%	9	45%	0.5	70	22%	1020	45%	30	9	2	8%	26	2%	25%	20%	10%	N	N	N	N	Y	Y	(margarine)	Y	N	Y	
Favorite - Mooyah Cheeseburger	700	420	45	60%	13	65%	0.5	95	32%	1400	60%	40	10	2	8%	30	35%	25%	20%	10%	N	N	N	N	Y	Y	(margarine)	Y	N	Y	
Favorite - Mooyah Double Cheeseburger	990	610	65	100%	23	115%	1.5	100	63%	2180	90%	60	11	2	8%	34	70%	35%	25%	10%	N	N	N	N	Y	Y	(margarine)	Y	N	Y	
Favorite - 6 Degrees of Cheddar Bacon	840	750	300	43	66%	14	70%	0.5	120	40%	1580	70%	50	17	2	8%	40	20%	25%	15%	8%	N	N	N	N	Y	Y	(margarine)	N	N	Y
Favorite - AI Cheeseburger	770	400	43	66%	14	70%	0.5	120	40%	1560	80%	44	11	2	8%	40	20%	25%	15%	8%	N	N	N	N	Y	Y	(margarine)	N	N	Y	
Favorite - Mushroom Swiss	820	560	61	94%	14	70%	0.5	95	32%	1420	60%	34	6	1	4%	31	15%	25%	15%	4%	N	N	N	N	Y	Y	Y	Y	Y	Y	
Favorite - Double Diablo Burger	1150	750	81	125%	26	130%	1.5	225	75%	2850	120%	53	7	3	4%	64	32%	35%	20%	4%	N	N	N	N	Y	Y	Y	Y	Y	Y	
Favorite - Classic Crispy Chicken Sandwich	13.5 oz	890	530	58	89%	8	40%	0	105	35%	1760	40%	51	6	3	12%	44	0%	10%	20%	10%	N	N	N	N	Y	Y	Y	Y	Y	Y
Favorite - Crispy Buffalo Chicken Sandwich	15.6 oz	930	520	98	12	60%	0	130	43%	4150	180%	55	7	3	12%	51	15%	10%	20%	10%	N	N	N	N	Y	Y	Y	Y	Y	Y	Y
Favorite - Grilled Chicken Avocado Club	11.7 oz	670	320	35	54%	7	35%	0	150	50%	1770	80%	43	6	5	20%	50	4%	15%	10%	20%	N	N	N	N	Y	N	(3)	Y	Y	Y
Favorite - Turkey Burger Club	7.80	380	41	63%	12	66%	0	165	55%	2250	100%	42	6	5	20%	50	20%	25%	15%	20%	N	N	N	N	Y	N	(3)	Y	Y	Y	
Favorite - Avocado Ranch Black Bean Burger	11.9 oz	690	310	34	52%	6	40%	0	35	12%	1500	60%	64	8	3	13%	52%	31	25%	25%	15%	20%	N	N	N	N	Y	Y	Y	Y	Y
Favorite - The Diablo Dog	8.0 oz	840	580	64	98%	21	100%	1	105	35%	2340	100%	35	5	1	4%	30	15%	20%	15%	4%	N	N	N	N	Y	Y	Y	Y	Y	Y
Favorite - The Farmer's Favorite	3.90	220	24	37%	6	30%	0	20	7%	1960	90%	29	5	11	44%	23	25%	15%	15%	15%	N	N	N	N	Y	Y	Y	Y	Y	Y	
Favorite - The Full Count	8.4 oz	780	540	55	85%	20	100%	1	100	39%	2370	100%	48	12	2	8%	36	30%	20%	20%	4%	N	N	N	N	Y	Y	Y	Y	Y	Y
Favorite - The Grillout	10.3 oz	590	330	35	58%	6	30%	0	135	45%	1540	70%	43	22	2	8%	46	20%	15%	10%	15%	N	N	N	N	Y	N	(3)	Y	Y	Y
Favorite - The Hamburg	12.7 oz	1040	650	73	112%	26	130%	1.5	170	57%	2990	130%	48	11	1	4%	51	20%	30%	25%	6%	N	N	N	N	Y	N	Y	Y	Y	Y
Favorite - The Lean Green	8.5 oz	410	210	23	35%	7	35%	0	130	43%	1460	60%	17	11	3	12%	33	20%	15%	10%	8%	N	N	N	N	Y	N	(3)	Y	Y	Y
Favorite - The Meatless Beast	12.6 oz	940	570	63	97%	16	80%	0	65	22%	2160	120%	69	13	10	40%	35	40%	20%	25%	10%	N	N	N	N	Y	Y	Y	Y	Y	Y
Favorite - The Slawesome	11.6 oz	750	370	41	63%	6	30%	0	100	33%	1440	60%	55	9	3	12%	44	2%	10%	10%	20%	N	N	N	N	Y	Y	(margarine)	Y	Y	Y
Favorite - The Sloppy Whoa	9.9 oz	740	410	44	68%	14	70%	0.5	110	37%	1960	90%	45	9	2	8%	37	35%	30%	25%	6%	N	N	N	N	Y	Y	Y	Y	Y	Y
Favorite - The TufCalli Club	11.4 oz	680	350	39	58%	9	40%	0	145	48%	2340	100%	42	6	5	20%	44	6%	25%	8%	15%	N	N	N	N	Y	N	(3)	Y	Y	Y
Favorite - The Wolf Denizen	11.1 oz	740	420	46	71%	13	65%	0	81	26%	1760	80%	49	11	3	12%	33	20%	15%	10%	15%	N	N	N	N	Y	Y	(margarine)	Y	Y	Y
Favorite - The Wing It On	12.9 oz	830	490	55	85%	18	90%	0	165	55%	3700	160%	48	7	2	8%	47	35%	20%	30%	10%	N	N	N	N	Y	Y	(margarine)	Y	Y	Y
Favorite - Turkey Burger Club	12.3 oz	730	380	41	63%	12	66%	0	165	55%	2250	100%	42	6	5	20%	50	20%	25%	15%	20%	N	N	N	N	Y	Y	N	Y	Y	Y
Favorite - Chicken Tenders - Original	8.2 oz	540	270	30	46%	3.5	18%	0	100	33%	1440	60%	28	0	0	2	8%	42	0%	2%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y
Favorite - Chicken Tenders - Buffalo	8.2 oz	540	270	30	46%	3.5	18%	0	100	33%	1440	60%	29	0	0	2	8%	42	0%	2%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y
Favorite - Hot Dogs - All American	9.5 oz	630	360	40	62%	13	65%	1	50	17%	1790	80%	52	18	2	8%	18	2%	20%	20%	8%	N	N	N	N	Y	N	Y	Y	Y	Y
Favorite - Hot Dogs - New York	10.1 oz	630	380	42	65%	13	65%	1	50	17%	2120	90%	42	8	4	16%	19	4%	20%	10%	10%	N	N	N	N	Y	Y	N	Y	Y	
Favorite - Hot Dogs - Chili Cheese	8.4 oz	720	460	51	78%	15	95%	1	80	30%	1580	70%	37	6	2	8%	27	15%	20%	25%	4%	N	N	N	N	Y	Y	Y	Y	Y	
<b>CHOOSE YOUR BURGER</b>																															
Protein - 100% All Beef Hot Dog	2.2 oz	280	230	26	40%	11	55%	1	50	17%	860	35%	2	0	0	0%	11	0%	0%	0%	0%	N	N	N	N	Y	N	N	N	N	
Protein - Burger 4 oz	4 oz raw / 3 oz cooked	200	120	13	20%	5	25%	0.5	70	23%	70	4%	0	0	0	0%	20	2%	10%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Burger 4 oz - No Mooyah Seasoning	4 oz raw / 2.9 oz cooked	200	120	13	20%	5	25%	0.5	70	23%	70	4%	0	0	0	0%	20	2%	10%	0%	0%	N	N	N	N	Y	N	N	N	N	
Protein - Double Burger	8 oz raw / 5.9 oz cooked	410	240	26	40%	10	50%	1.5	140	47%	810	35%	0	0	0	0%	40	4%	25%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Double Burger - No Mooyah Seasoning	8 oz raw / 5.8 oz cooked	410	240	26	40%	10	50%	1.5	140	47%	810	35%	0	0	0	0%	40	4%	25%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Triple Burger	12 oz raw / 8.9 oz cooked	610	370	40	62%	15	75%	2	210	70%	1210	50%	< 1g	0	0	0%	60	6%	35%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Triple Burger - No Mooyah Seasoning	12 oz raw / 8.8 oz cooked	610	370	40	62%	15	75%	2	210	70%	1210	50%	0	0	0	0%	60	6%	35%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Crispy Chicken Breast	6.7 oz	420	210	23	35%	3	15%	0	95	32%	940	40%	17	0	1	4%	38	0%	0%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y	
Protein - Crispy Chicken Breast Buffalo	6.7 oz	420	210	23	35%	3	15%	0	95	32%	3090	130%	18	0	1	4%	38	0%	0%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y	
Protein - Grilled Chicken Breast	4.1 oz	190	50	6	9%	1.5	8%	0	115	38%	820	35%	0	0	0	0%	34	0%	2%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Grilled Chicken Breast - No Mooyah Seasoning	4.0 oz	190	50	6	9%	1.5	8%	0	115	38%	150	6%	0	0	0	0%	34	0%	2%	0%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Turkey Burger 5.3 oz	5.3 oz raw / 3.9 oz cooked	230	110	12	18%	3	15%	0	115	38%	970	40%	0	0	0	0%	28	4%	10%	2%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Turkey Burger 5.3 oz - No Mooyah Seasoning	5.3 oz raw / 3.8 oz cooked	230	110	12	18%	3	15%	0	115	38%	300	15%	0	0	0	0%	28	4%	10%	2%	0%	N	N	N	N	Y	N	(3)	Y	N	
Protein - Veggie Burger	4.3 oz	190	60	7	11%	1	5%	0	0	0	1210	50%	22	2	8	32%	17	8%	10%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y	
Protein - Veggie Burger - No Mooyah Seasoning	4.2 oz	190	60	7	11%	1	5%	0	0	0	540	25%	22	2	8	32%	17	8%	10%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y	
Protein - Fried Egg	1 egg	110	80	9	34%	2	10%	0	185	62%	70	4%	0	0	0	0%	6	0%	4%	0%	0%	N	N	N	N	Y	N	Y	N	N	
<b>PICK YOUR BUN</b>																															
Bun - White Potato Bun 2.4 oz	1 bun	270	120	13	20%	2	10%	0	0	0%	380	15%	32	5	1	4%	6	0%	10%	10%	2%	N	N	N	N	Y	Y	(m			

Salad - Loaded Salad - Salad	8.7 oz	240	160	17	26%	4	20%	0	25	8%	610	25%	13	4	5	20%	12	4%	8%	110%	25%	N	N	N	N	N	Y	N	(3)	N	Y	Y		
Proteins - Burger 4 oz	4 oz raw / 3 oz cooked	200	120	13	20%	5	25%	0.5	70	23%	400	15%	0	0	0	0	20	2%	10%	0%	0%	N	N	N	N	N	Y	N	(3)	N	Y	Y		
Proteins - Crispy Chicken Tenders - 3 piece	4.6 oz	400	200	23	35%	2.5	13%	0	75	25%	1080	45%	21	0	2	2.5	8%	31	0%	0%	0%	N	N	N	N	Y	Y	N	Y	Y	Y			
Proteins - Grilled Chicken Breast	1.90 oz	50	50	6	9%	1.5	8%	0	115	38%	820	35%	0	0	0	0%	34	0%	2%	0%	0%	N	N	N	N	N	N	N	N	N	N	N		
Proteins - Turkey Burger 5.3 oz	5.3 oz raw / 3.9 oz cooked	230	110	12	18%	3	15%	0	115	38%	970	40%	0	0	0	0%	28	4%	10%	2%	0%	N	N	N	N	N	N	N	N	N	N	N		
Proteins - Veggie Burger	4.3 oz	150	60	7	11%	1	5%	0	0	0%	1210	50%	22	2	8	32%	17	3%	10%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y	Y			
Salad - Side Salad - Salad	3.1 oz	15	0	0	0%	0	0%	0	0	0%	5	0%	0	0	1	4%	1	2%	2%	60%	10%	N	N	N	N	N	N	N	N	N	N	N		
<b>DRESSINGS</b>																																		
Sauce - Ranch	1.0 oz	120	110	13	20%	2	10%	0	10	3%	240	10%	2	< 1g	0	0%	0	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	N		
Sauce - Spicy Ranch	1.0 oz	60	50	6	9%	1	5%	0	< 5mg	0%	450	20%	< 1g	0	0	0%	0	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Sauce - Honey Mustard	1.0 oz	120	110	12	18%	2	10%	0	10	3%	210	10%	4	4	0	0%	0	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Sauce - Mayo/Veg Sauce	1.0 oz	120	100	11	17%	2	10%	0	0	0%	230	10%	5	1	0	0%	0	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Sauce - Balsamic	1.0 oz	60	40	4.5	7%	0	0%	0	0	0%	180	8%	4	4	0	0%	0	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Sauce - Blue Cheese	1.0 oz	170	160	17	26%	3.5	18%	0	15	5%	260	10%	1	1	0	0%	1	2%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Sauce - Lite Raspberry Vinaigrette	1.0 oz	120	100	11	17%	2	10%	0	0	0%	85	4%	5	5	0	0%	0	0%	0%	0%	0%	N	Y (walnut)	N	N	N	N	N	N	N	N	N	N	
<b>FRIES</b>																																		
Fries - French Fries - 5 oz	5.1 oz	380	170	18	28%	1.5	8%	0	0	0%	680	30%	50	2	4	16%	6	4%	15%	0%	25%	N	N	N	N	N	N	N	N	N	N	N	Y (4)	
Fries - French Fries - 8 oz - Individual	8.2 oz	610	270	29	45%	2.5	13%	0	0	0%	1360	60%	80	3	6	24%	10	6%	20%	0%	40%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - French Fries - 10 oz	10.1 oz	760	330	37	57%	3	15%	0	0	0%	1030	45%	100	3	7	28%	12	8%	25%	0%	50%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - French Fries - 15 oz	15.2 oz	1140	500	55	85%	4	20%	0	0	0%	1380	60%	150	5	11	44%	18	10%	40%	0%	80%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - French Fries - 16 oz - Shareable	16.2 oz	1210	540	59	91%	4.5	23%	0	0	0%	1380	60%	160	5	12	48%	19	10%	40%	0%	80%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - French Fries - 24 oz - Family	24.4 oz	1820	800	88	135%	7	35%	0	0	0%	2080	180%	240	8	17	68%	28	20%	60%	0%	150%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Green Chili Queso	4.0 oz (volume)	190	140	16	25%	10	50%	0	40	13%	1000	45%	6	3	0	0%	8	30%	0%	100%	0%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Sweet Potato Fries - 5 oz	5.1 oz	380	140	16	25%	2.5	13%	0	0	0%	640	30%	62	14	5	20%	2	4%	6%	4%	20%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Fries - Sweet Potato Fries - 8 oz - Individual	8.2 oz	610	250	27	42%	4	20%	0	0	0%	1010	45%	99	23	8	32%	4	8%	20%	4%	45%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Fries - Sweet Potato Fries - 10 oz	10.1 oz	760	280	31	45%	5	25%	0	0	0%	1180	50%	123	28	10	40%	5	10%	10%	0%	35%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Fries - Sweet Potato Fries - 15 oz	15.2 oz	1150	430	47	72%	7	35%	0	0	0%	1720	70%	185	41	14	56%	7	15%	15%	8%	60%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Fries - Sweet Potato Fries - 16 oz - Shareable	16.2 oz	1230	460	50	77%	8	40%	0	0	0%	2020	90%	198	44	16	64%	8	15%	15%	15%	60%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Fries - Sweet Potato Fries - 24 oz - Family	24.4 oz	1840	680	75	115%	12	60%	0	0	0%	3030	180%	297	66	23	92%	12	25%	25%	20%	90%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Fries - Half and Half - 5 oz	5.1 oz	380	150	17	26%	2	10%	0	0	0%	660	30%	56	8	4	16%	4	4%	10%	2%	20%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Half and Half - 8 oz - Individual	8.2 oz	610	250	27	42%	3	15%	0	0	0%	1240	50%	90	13	7	28%	7	6%	15%	4%	35%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Half and Half - 10 oz	10.1 oz	760	310	34	52%	4	20%	0	0	0%	1110	50%	112	15	8	32%	8	8%	20%	4%	45%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Half and Half - 15 oz	15.2 oz	1140	460	51	78%	6	30%	0	0	0%	1550	70%	167	23	13	52%	12	15%	25%	4%	70%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Half and Half - 16 oz - Shareable	16.2 oz	1220	500	54	83%	6	30%	0	0	0%	2480	110%	180	25	14	56%	13	15%	30%	8%	70%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Half and Half - 24 oz - Family	24.4 oz	1840	750	82	126%	9	45%	0	0	0%	3720	160%	270	58	21	84%	20	20%	45%	15%	110%	N	N	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Chili Cheese Fries	13.7 oz	960	470	52	80%	11	55%	0	40	13%	1820	80%	106	6	8	32%	22	25%	35%	20%	50%	N	N	N	N	N	N	N	N	N	N	N	Y (4, cats)	
<b>KIDS</b>																																		
Kids - Little Burger	5.9 oz	480	240	26	40%	7	35%	0.5	70	23%	780	35%	32	5	1	4%	26	2%	20%	10%	2%	N	N	N	N	N	Y	Y (margarine)	N	N	N	Y		
Kids - Hot Dog	6.1 oz	550	350	39	60%	13	65%	1	50	17%	1240	50%	34	5	1	4%	17	0%	15%	10%	2%	N	N	N	N	N	Y	Y	N	N	N	N	Y	
Kids - Grilled Cheese	4.1 oz	450	250	27	42%	11	55%	0	50	17%	1140	50%	34	7	1	4%	14	60%	10%	20%	3%	N	N	N	N	N	Y	Y (margarine)	N	N	N	Y		
Kids - Chicken Tenders	3.1 oz	270	130	15	23%	2	10%	0	50	17%	720	30%	14	0	1	4%	21	0%	0%	0%	0%	N	N	N	N	N	Y	Y	N	N	N	Y		
Kids - Applesauce	4.0 oz	90	0	0	0%	0	0%	0	0	0%	0	0%	24	22	1	4%	0	0%	0%	0%	20%	N	N	N	N	N	N	N	N	N	N	N	Y	
Fries - French Fries - 2.5 oz	2.5 oz	190	80	9	14%	0.5	3%	0	0	0%	340	15%	25	< 1g	2	8%	3	2%	6%	0%	15%	N	N	N	N	N	N	N	N	N	N	N	Y (4)	
Fries - Sweet Potato Fries - 2.5 oz	2.5 oz	190	70	8	12%	1	5%	0	0	0%	320	15%	31	7	2	8%	1	2%	2%	2%	10%	N	N	N	N	N	Y (2)	N	N	N	N	N	Y (2,4)	
Beverages - Low Fat Chocolate Milk	8.0 fl oz	140	25	2.5	4%	1.5	8%	0	15	5%	160	6%	24	20	3	12%	8	30%	10%	10%	0%	N	N	N	N	N	N	N	N	N	N	N	Y	
Beverages - Low Fat Milk	8.0 fl oz	100	20	2.5	4%	1.5	8%	0	10	3%	105	4%	12	13	0	0%	8	30%	0%	10%	0%	N	N	N	N	N	N	N	N	N	N	N	Y	
<b>SHAKES</b>																																		
<b>BUILDS</b>																																		
Shakes - Builds - Hershey's Chocolate Shake - Little MOO	12.5 oz / 12 oz cup	630	250	28	43%	19	95%	0	110	37%	260	10%	86	70	1	4%	10	30%	6%	20%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Shakes - Builds - Hershey's Chocolate Shake - Big MOO	17.9 oz / 20 oz cup	1040	420	47	72%	31	155%	0	180	60%	440	20%	140	113	2	8%	17	50%	10%	30%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Shakes - Builds - Vanilla Shake - Little MOO	12.0 oz / 12 oz cup	570	270	30	46%	20	100%	0	120	40%	270	10%	68	54	0	0%	10	35%	6%	20%	0%	N	N	N	N	N	N	N	N	N	N	N	N	
Shakes - Builds - Vanilla Shake - Big MOO	17.1 oz / 20 oz cup	960	450	51	78%	34																												

