

**MOOYAH Burgers, Fries & Shakes | Nutritional and Allergen Information | July 2017**

Serving Size	Calories (kcal)	Calories from Fat	Total Fat (g)	Total Fat (NDV)	Saturated Fat (g)	Saturated Fat (NDV)	Trans Fat (g)	Cholesterol (mg)	Cholesterol (NDV)	Sodium (mg)	Sodium (NDV)	Carbohydrate (g)	Total Sugar (g)	Fiber (g)	Fiber (NDV)	Protein (g)	Calcium (%DV)	Iron (%DV)	Vitamin A (NDV)	Vitamin C (NDV)	PEANUT	TREENUT	FISH	SHELLFISH	WHEAT	SOY	EGG	MILK	ING CONTAINING GLUTEN OR POTENTIAL FOR CROSS CONTAMINATION <sup>(1)</sup>	PRODUCTS CONTAINING GLUTEN	
																															(1) Processed on same line
<b>FAVORITE BUILDS</b>																															
Favorite - MOOYAH Burger	8.8 oz	610	350	38	58%	9	45%	0.5	70	23%	1020	45%	39	9	2	8%	26	2%	25%	20%	10%	N	N	N	N	N	Y	Y	N	Y	
Favorite - MOOYAH Cheeseburger	9.6 oz	700	420	45	69%	13	65%	0.5	95	32%	1400	60%	40	10	2	8%	30	35%	25%	20%	10%	N	N	N	N	Y	Y	N	Y		
Favorite - Delights of Cheddar Bacon	10.2 oz	860	470	51	78%	17	85%	1	140	47%	1970	90%	51	17	2	8%	47	20%	25%	15%	8%	N	N	N	N	Y	Y	N	Y		
Favorite - Double Diablo Burger	12.5 oz	1050	650	71	109%	24	120%	1.5	215	72%	2430	110%	33	5	1	4%	64	35%	35%	20%	4%	N	N	N	N	Y	Y	Y	Y		
Favorite - Grilled Chicken Avocado Club	11.7 oz	670	320	35	54%	7	35%	0	150	50%	1770	80%	43	6	5	20%	50	4%	15%	10%	20%	N	N	N	N	Y	N	Y	Y		
Favorite - Crispy Buffalo Chicken Sandwich	15.6 oz	930	520	58	89%	12	60%	0	130	43%	4150	180%	55	7	3	12%	51	15%	10%	20%	10%	N	N	N	N	Y	Y	Y	Y		
Favorite - Turkey Burger Club	11.5 oz	620	300	33	51%	9	45%	0	145	48%	1860	80%	41	6	5	20%	42	20%	25%	15%	20%	N	N	N	N	Y	Y	Y	Y		
Favorite - Avocado Ranch Black Bean Burger	11.9 oz	650	310	34	52%	8	40%	0	35	12%	1900	80%	64	8	13	52%	31	25%	15%	15%	20%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Diablo Dog	9.0 oz	840	580	64	98%	21	105%	1	105	35%	2340	100%	35	5	1	4%	30	15%	20%	15%	4%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Farmer's Favorite	10.3 oz	990	220	24	37%	6	30%	0	20	7%	1960	90%	29	5	11	44%	23	25%	15%	15%	15%	4%	N	N	N	N	Y	Y	Y	Y	
Favorite - The Full Count	9.6 oz	780	500	55	85%	20	100%	1	100	33%	2370	100%	43	12	2	8%	30	30%	20%	20%	4%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Grillant	10.3 oz	580	230	25	38%	6	30%	0	135	45%	1540	70%	42	7	5	20%	46	20%	15%	10%	15%	N	N	N	N	Y	N	Y	Y		
Favorite - The Hamburgdog	12.7 oz	1040	650	73	112%	26	130%	1.5	170	57%	2990	130%	48	13	1	4%	51	20%	30%	25%	6%	N	N	N	N	Y	Y	N	Y		
Favorite - The Lean Green	8.5 oz	410	210	23	35%	7	35%	0	130	45%	1460	60%	17	11	9	12%	33	20%	15%	10%	8%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Meatless Beast	12.6 oz	940	570	63	97%	16	80%	0	65	22%	2660	120%	69	13	10	40%	35	40%	20%	25%	10%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Slewosome	11.6 oz	750	370	41	63%	6	30%	0	100	33%	1440	60%	55	9	3	12%	44	2%	10%	70%	20%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Sloppy Whoa	9.9 oz	740	410	44	68%	14	70%	0.5	110	37%	1960	90%	45	9	2	8%	37	35%	30%	25%	6%	N	N	N	N	Y	Y	N	Y		
Favorite - The Turtl'n Club	11.4 oz	680	350	38	58%	8	40%	0	145	48%	2340	100%	42	6	5	20%	44	6%	25%	8%	15%	N	N	N	N	Y	N	Y	Y		
Favorite - The Wolf of Orion	11.3 oz	740	420	46	71%	13	65%	0.5	100	33%	1760	80%	49	11	3	12%	33	20%	25%	15%	15%	N	N	N	N	Y	Y	Y	Y		
Favorite - The Wing It On	12.9 oz	830	490	55	85%	18	90%	0	165	55%	3700	160%	38	7	2	8%	47	35%	20%	30%	10%	N	N	N	N	Y	Y	Y	Y		
Favorite - Turkey Burger Club	11.5 oz	620	300	33	51%	9	45%	0	145	48%	1860	80%	41	6	5	20%	42	20%	25%	15%	20%	N	N	N	N	Y	Y	Y	Y		
Favorite - Chicken Tenders - Original	6.2 oz	530	270	30	46%	3.5	18%	0	100	33%	1440	60%	28	0	2	8%	42	0%	2%	0%	0%	N	N	N	N	Y	Y	N	Y		
Favorite - Chicken Tenders - Buffalo	8.2 oz	540	270	30	46%	3.5	18%	0	100	33%	1440	60%	29	0	2	8%	42	0%	2%	0%	0%	N	N	N	N	Y	Y	N	Y		
Favorite - Hot Dogs - All American	9.5 oz	630	360	40	62%	13	65%	1	50	17%	1790	80%	52	18	2	8%	18	2%	20%	20%	8%	N	N	N	N	Y	Y	N	Y		
Favorite - Hot Dogs - New York	10.1 oz	610	380	42	65%	13	65%	1	50	17%	2120	90%	42	8	4	16%	19	4%	20%	10%	10%	N	N	N	N	Y	Y	N	Y		
Favorite - Hot Dogs - Chili Cheese	8.4 oz	710	460	51	78%	19	95%	1	90	30%	1580	70%	37	6	2	8%	27	15%	20%	25%	4%	N	N	N	N	Y	Y	N	Y		
<b>CHOOSE YOUR BURGER</b>																															
Proteins - 100% All Beef Hot Dog	3.2 oz	280	230	26	40%	11	55%	1	50	17%	860	35%	2	0	0	0%	11	0%	6%	0%	0%	N	N	N	N	N	Y	N	N	N	
Proteins - Burger 4 oz	4 oz raw / 3 oz cooked	200	120	13	20%	5	25%	0.5	70	23%	400	15%	0	0	0	0%	20	2%	10%	0%	0%	N	N	N	N	N	Y	N	N	N	
Proteins - Burger - No MOOYAH Seasoning	4 oz raw / 2.9 oz cooked	200	120	13	20%	3.5	25%	0.5	100	23%	390	160%	0	0	0	0%	20	2%	10%	0%	0%	N	N	N	N	N	Y	N	N	N	
Proteins - Double Burger	8 oz raw / 5.9 oz cooked	410	240	26	40%	10	50%	1.5	140	47%	810	35%	0	0	0	0%	40	4%	25%	0%	0%	N	N	N	N	N	Y	N	N	N	
Proteins - Double Burger - No MOOYAH Seasoning	8 oz raw / 5.8 oz cooked	410	240	26	40%	10	50%	1.5	140	47%	135	6%	0	0	0	0%	40	4%	25%	0%	0%	N	N	N	N	N	Y	N	N	N	
Proteins - Triple Burger	12 oz raw / 8.9 oz cooked	610	370	40	62%	15	75%	2	210	70%	1210	50%	< 1g	0	0	0%	60	6%	35%	0%	0%	N	N	N	N	N	Y	N	N	N	
Proteins - Triple Burger - No MOOYAH Seasoning	12 oz raw / 8.8 oz cooked	610	370	40	62%	15	75%	2	210	70%	210	10%	0	0	0	0%	60	6%	35%	0%	0%	N	N	N	N	Y	Y	N	Y		
Proteins - Crispy Chicken Breast	6.7 oz	420	210	23	35%	3	15%	0	95	32%	940	40%	17	0	1	4%	38	0%	0%	0%	0%	N	N	N	N	Y	Y	N	Y		
Proteins - Crispy Chicken Breast Buffalo	8.7 oz	420	210	23	35%	3	15%	0	95	32%	3090	130%	18	0	1	4%	38	0%	0%	0%	0%	N	N	N	N	Y	Y	N	Y		
Proteins - Grilled Chicken Breast	4.1 oz	190	50	6	9%	1.5	8%	0	115	38%	820	35%	0	0	0	0%	34	0%	2%	0%	0%	N	N	N	N	Y	N	Y	Y		
Proteins - Grilled Chicken Breast - No MOOYAH Seasoning	4.0 oz	190	50	6	9%	1.5	8%	0	115	38%	150	6%	0	0	0	0%	34	0%	2%	0%	0%	N	N	N	N	Y	N	Y	Y		
Proteins - Turkey Burger 5.3 oz	5.3 oz raw / 3.9 oz cooked	230	110	12	18%	3	15%	0	115	38%	970	40%	0	0	0	0%	28	4%	10%	2%	0%	N	N	N	N	Y	N	Y	Y		
Proteins - Turkey Burger 5.3 oz - No MOOYAH Seasoning	5.3 oz raw / 3.8 oz cooked	220	110	12	18%	3	15%	0	115	38%	300	15%	0	0	0	0%	28	4%	10%	2%	0%	N	N	N	N	Y	Y	N	Y		
Proteins - Veggie Burger	4.3 oz	190	60	7	11%	1	5%	0	0	0%	1210	50%	22	2	8	32%	17	8%	10%	0%	0%	N	N	N	N	Y	Y	Y	Y		
Proteins - Veggie Burger - No MOOYAH Seasoning	4.2 oz	190	60	7	11%	1	5%	0	0	0%	540	25%	22	2	8	32%	17	8%	10%	0%	0%	N	N	N	N	Y	Y	Y	Y		
Proteins - Fried Egg	1 egg	110	80	9	14%	2	10%	0	185	62%	70	4%	0	0	0	0%	6	0%	4%	0%	0%	N	N	N	N	N	Y	N	Y		
<b>BUCK YOUR BUN</b>																															
Bun - White Potato Bun 2.4 oz	1 bun	270	120	13	20%	2	10%	0	0	0%	380	15%	32	5	1	4%	6	0%	10%	10%	2%	N	N	N	N	Y	Y	N	Y		
Bun - Wheat - 2016	1 bun	190	25	2.5	4%	0	0%	0	0	0%	310	15%	35	4	2	8%	8	2%	10%	0%	4%	N	N	N	N	Y	N	Y	Y		
Bun - Lettuce Cup	1.7 oz	5	0	0	0%	0	0%	0	0	0%	0	0%	1	< 1g	< 1g	WVALUET	0	0%	2%	4%	2%	N	N	N	N	N	Y	N	Y		
Bun - Gluten-free	1 bun	240	70	7	11%	1	5%	0	0	0%	530	25%	41	9	4	16%	4	4%	4%	0%	0%	N	N	N	N	Y	N	Y	Y		
Bun - Hot Dog	1 bun	270	120	13	20%	2	10%	0	0	0%	380	15%	32	5	1	4%	6	0%	10%	10%	2%	N	N	N	N	Y	Y	N	Y		
<b>SELECT YOUR EXTRAS</b>																															
Extras - Cheese - American (1 slice)	0.8 oz / 1 slice	90	70	7	11%	4.5	23%																								

Salad - Loaded Salad - Salad	8.7 oz	240	160	17	26%	4	20%	0	25	8%	610	25%	13	4	5	20%	12	4%	8%	110%	25%	N	N	N	N	N	Y	N (3)	N	Y	Y	
Proteins - Burger 4 oz	4 oz raw / 3 oz cooked	200	120	13	20%	5	25%	0.5	70	23%	400	15%	0	0	0	0%	20	2%	10%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Proteins - Crispy Chicken Tendrils - 3 piece	4.6 oz	400	200	22	25%	2.5	13%	0	75	25%	1080	45%	21	0	2	8%	21	0%	0%	0%	0%	N	N	N	N	Y	Y	N	Y	Y		
Proteins - Grilled Chicken Breast	4.1 oz	190	50	6	9%	1.5	8%	0	115	38%	820	35%	0	0	0	0%	34	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Proteins - Turkey Burger 5.3 oz	5.3 oz raw / 3.9 oz cooked	230	110	12	18%	3	15%	0	115	38%	970	40%	0	0	0	0%	28	4%	10%	2%	0%	N	N	N	N	N	N	N	N	N	N	
Proteins - Veggie Burger	4.3 oz	190	60	7	11%	1	5%	0	0	0	1210	50%	22	2	8	32%	17	8%	10%	0%	0%	N	N	N	N	Y	Y	Y	Y	Y		
Salad - Side Salad - Salad	3.1 oz	15	0	0	0%	0	0%	0	0	0%	5	0%	3	2	1	4%	1	2%	2%	50%	10%	N	N	N	N	N	N	N	N	N	N	
<b>DRESSINGS</b>																																
Sauce - Ranch	1.0 oz	120	110	13	20%	2	10%	0	10	3%	240	10%	2	0	< 1g	0	0%	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Sauce - Spicy Ranch	1.0 oz	60	50	6	9%	1	5%	0	< 5mg	0%	650	20%	4	1g	0	0%	0%	0%	0%	0%	0%	N	N	N	N	N	Y	Y	N	Y	N	
Sauce - Honey Mustard	1.0 oz	120	110	12	18%	2	10%	0	10	3%	210	10%	4	0	0	0%	0%	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Sauce - MOQAH Sauce	1.0 oz	120	100	11	17%	2	10%	0	0	0%	230	10%	5	3	0	0%	0%	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Sauce - Balsamic	1.0 oz	60	40	4.5	7%	0	0%	0	0	0%	180	8%	4	4	0	0%	0	0%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Sauce - Blue Cheese	1.0 oz	120	160	17	26%	3.5	18%	0	15	5%	260	10%	1	1	0	0%	1	2%	0%	0%	0%	N	N	N	N	N	N	N	N	N	N	
Sauce - Lite Raspberry Vinaigrette	1.0 oz	120	100	11	17%	2	10%	0	0	0%	85	4%	5	5	0	0%	0	0%	0%	0%	0%	N	Y (walnut)	N	N	N	N	N	N	N	N	
<b>FRIES</b>																																
Fries - French Fries - 5 oz	5.1 oz	380	170	18	28%	1.5	8%	0	0	0%	680	30%	50	2	4	16%	6	4%	15%	0%	25%	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - French Fries - 10 oz	10.1 oz	760	330	37	57%	3	15%	0	0	0%	1030	45%	100	3	7	28%	12	8%	25%	0%	50%	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - French Fries - 15 oz	15.2 oz	1140	500	55	85%	4	20%	0	0	0%	1380	60%	150	5	11	44%	18	10%	40%	0%	80%	N	N	N	N	N	N	N	N	N	N	Y (4)
Fries - Green Chili Queso	4.0 oz (volume)	190	140	16	25%	10	50%	0	40	13%	1000	45%	6	3	0	0%	8	30%	0%	10%	6%	N	N	N	N	N	N	N	N	N	Y	
Fries - Sweet Potato Fries - 5 oz	5.1 oz	380	140	16	25%	2.5	13%	0	0	0%	640	30%	62	14	5	20%	2	4%	6%	4%	20%	N	N	N	N	Y (2)	N (3)	N	N	Y (2,4)		
Fries - Sweet Potato Fries - 10 oz	10.1 oz	760	280	31	48%	5	25%	0	0	0%	1180	50%	123	28	10	40%	5	10%	10%	6%	35%	N	N	N	N	Y (2)	N (3)	N	N	Y (2,4)		
Fries - Sweet Potato Fries - 15 oz	15.2 oz	1150	430	47	72%	7	35%	0	0	0%	1720	70%	185	41	14	56%	7	15%	15%	8%	60%	N	N	N	N	Y (2)	N (3)	N	N	Y (2,4)		
Fries - Half and Half - 5 oz	5.1 oz	370	170	18	28%	2.5	13%	0	0	0%	630	25%	49	9	7	28%	4	4%	15%	90%	20%	N	N	N	N	N	N	N	N	N	Y (4)	
Fries - Half and Half - 10 oz	10.1 oz	740	340	36	55%	5	25%	0	0	0%	1040	45%	98	18	13	52%	8	8%	25%	180%	35%	N	N	N	N	N	N	N	N	N	Y (4)	
Fries - Half and Half - 15 oz	15.2 oz	1110	520	54	83%	7	35%	0	0	0%	1450	60%	147	27	19	76%	12	15%	40%	270%	50%	N	N	N	N	N	N	N	N	N	Y (4)	
Fries - Chili Cheese Fries	13.7 oz	960	470	52	80%	11	55%	0	40	13%	1820	80%	106	6	8	32%	22	25%	35%	20%	50%	N	N	N	N	N	N	Y	N	Y	Y (4, oats)	
<b>KIDS</b>																																
Kids - Little Burger	5.9 oz	480	240	26	40%	7	35%	0.5	70	23%	780	35%	32	5	1	4%	26	2%	20%	10%	2%	N	N	N	N	Y	Y (margarine)	N	N	Y		
Kids - Hot Dog	6.1 oz	550	350	39	60%	13	65%	1	50	17%	1240	50%	34	5	1	4%	17	0%	15%	10%	2%	N	N	N	N	Y	Y (margarine)	N	N	Y		
Kids - Grilled Cheese	4.6 oz	450	250	27	42%	11	55%	0	50	17%	1140	50%	34	7	1	4%	14	60%	10%	20%	2%	N	N	N	N	Y	Y (margarine)	N	Y	Y		
Kids - Chicken Tenders	3.1 oz	270	130	15	23%	2	10%	0	50	17%	720	30%	14	0	1	4%	21	0%	0%	0%	0%	N	N	N	N	Y	Y	N	Y	Y		
Kids - Applesauce	4.0 oz	90	0	0	0%	0	0%	0	0	0%	0	0%	24	22	1	4%	0	0%	0%	0%	20%	N	N	N	N	N	N	N	N	N	N	
Fries - French Fries - 2.5 oz	2.5 oz	190	80	9	14%	0.5	3%	0	0	0%	340	15%	25	< 1g	2	8%	3	2%	6%	0%	15%	N	N	N	N	N	N	N	N	Y (4)		
Fries - Sweet Potato Fries - 2.5 oz	2.5 oz	190	70	8	12%	1	5%	0	0	0%	320	15%	31	7	2	8%	1	2%	2%	2%	10%	N	N	N	N	Y (2)	N (3)	N	N	Y (2,4)		
Beverages - Low Fat Chocolate Milk	8.0 fl oz	140	25	2.5	4%	1.5	8%	0	15	5%	160	6%	24	20	3	12%	8	30%	10%	10%	0%	N	N	N	N	N	N	N	N	Y	N	
Beverages - Low Fat Milk	8.0 fl oz	100	20	2.5	4%	1.5	8%	0	10	3%	105	4%	12	13	0	0%	8	30%	10%	10%	0%	N	N	N	N	N	N	N	N	Y	N	
<b>SHAKES</b>																																
<b>BUILDS</b>																																
Shakes - Builds - Hersheys Chocolate Shake - Little MOO	12.5 oz / 12 oz cup	630	250	28	43%	19	95%	0	110	37%	260	10%	86	70	1	4%	10	30%	6%	20%	0%	N	N	N	N	N	N	N	N	N	N	Y
Shakes - Builds - Hersheys Chocolate Shake - Big MOO	17.9 oz / 20 oz cup	1040	420	47	72%	31	155%	0	180	60%	440	20%	140	113	2	8%	17	50%	10%	30%	0%	N	N	N	N	N	N	N	N	N	N	Y
Shakes - Builds - Vanilla Shake - Little MOO	12.0 oz / 12 oz cup	570	270	30	46%	20	100%	0	120	40%	270	10%	68	54	0	0%	10	35%	6%	20%	0%	N	N	N	N	N	N	N	N	N	N	Y
Shakes - Builds - Vanilla Shake - Big MOO	17.1 oz / 20 oz cup	960	450	51	78%	34	170%	0	195	65%	450	20%	113	90	0	0%	17	60%	10%	35%	0%	N	N	N	N	N	N	N	N	N	N	Y
Shakes - Builds - Cookie Dough Shake - Little MOO	12.3 oz / 12 oz cup	740	340	38	58%	23	115%	0	100	33%	420	20%	94	65	< 1g	0%	10	30%	10%	25%	0%	N (2)	N (2)	N	N	Y	Y	N (2)	Y	Y		
Shakes - Builds - Cookie Dough Shake - Big MOO	17.5 oz / 20 oz cup	1210	550	62	95%	37	185%	0	170	57%	670	30%	152	107	1	4%	17	50%	20%	40%	0%	N (2)	N (2)	N	N	Y	Y	N (2)	Y	Y		
Shakes - Builds - Reese's PB Cup Shake - Little MOO	12.0 oz / 12 oz cup	740	350	39	60%	23	115%	0	100	33%	410	20%	84	71	1	4%	14	30%	10%	15%	0%	Y	N	N	N	N	Y	N	Y	Y		
Shakes - Builds - Reese's PB Cup Shake - Big MOO	17.2 oz / 20 oz cup	1200	570	64	98%	38	190%	0	170	57%	650	30%	138	116	2	8%	23	50%	15%	30%	0%	Y	N	N	N	N	Y	N	Y	Y		
Shakes - Builds - Mint Chocolate Chip Shake - Little MOO	12.4 oz / 12 oz cup	800	350	40	62%	30	150%	0	90	30%	210	10%	109	94	3	12%	10	25%	40%	15%	0%	N (1)	N (1)	N	N	N (1)	Y	N (1)	Y	Y (1)		
Shakes - Builds - Mint Chocolate Chip Shake - Big MOO	17.7 oz / 20 oz cup	1300	570	64	98%	48	240%	0	155	52%	350	15%	175	150	4	16%	17	45%	60%	25%	0%	N (1)	N (1)	N	N	N (1)	Y	N (1)	Y	Y (1)		
Shakes - Builds - Oreo Shake - Little MOO	11.7 oz / 12 oz cup	670	300	33	51%	19	95%	0	100	33%	380	15%	85	61	1	4%	10	30%	15%	15%	0%	N	N	N	N	N	Y	Y	N	Y	Y	
Shakes - Builds - Oreo Shake - Big MOO	16.6 oz / 20 oz cup	1100	490	55	85%	32	160%	0	170	57%	620	25%	138	101	2	8%	16	50%	20%	30%	0%	N	N	N	N	Y	Y	N	Y	Y		
Shakes - Builds - M&M Shake - Little MOO	12.3 oz / 12 oz cup	750	320	36	55%	24	120%	0	105	35%	260	10%	97	81	2	8%	11	35%	10%	20%	0%	May contain	N (1)	N	N	N (1)	Y	N (1)	Y	Y (1)		
Shakes - Builds - M&M Shake - Big MOO	17.5 oz / 20 oz cup	1220	530	59	91%	39	195%	0	175	58%	440	20%	157	131	2	8%	18	60%	15%	30%	0%	May contain	N (1)	N	N	N (1)	Y	N (1)	Y	Y (1)		
Shakes - Builds - Banana Shake - Little MOO	12																															

